***Neo, it is rare for me to go as long as 3 months to reply to a message, so I apologize.***

**Ben, no need to apologize.**

**I too, often take my time before responding to emails.**

***I cannot see what you are criticizing in your comment,***

**Ben, my email did not contain a criticism but a question:**

**"Can you provide evidence that matter has ever converted into energy ... or vice versa?"**

**Perhaps if you could have provided the evidence that I asked you for, you wouldn't have viewed the question as a criticism?**

***unless it is my use of the words "matter" or "interconvertible"***

**Ben, I asked you to define what you meant by "matter."**

**Nowhere in this email do I see any attempt by you, to do so.**

**I even provided a definition of "interconvertible" to assist you in the clarification process.**

**I don't know how to make it any clearer.**

***The conversion of mass into energy is a fundamental process,***

**Ben, that fundamental process exists only in your mind because mass cannot be converted into energy.**

**However, that has little to do with the question that I asked you in my email:**

**"Can you provide evidence that matter has ever converted into energy ... or vice versa?"**

***so if you are not nit-picking about my use of words, I can't see what objections you can have.***

**Ben, you wrote**

**"*Energy (E) is regarded to be interconvertible with matter (mass, m).* "**

**I thought my question was quite clear. I really don't know a more simple way of asking it. If you can't answer the question, or don't understand it, then we are done; and thank you for your time.**

**(btw, the end of your sentence "matter (mass, m)" is incoherent.**

**I strongly doubt anyone else on Earth could decipher that)**

***If you want perfect conversion of matter into energy, combine the matter with anti-matter:***

**Ben, I didn't ask you about "perfect conversion."**

**I asked you about your claim that matter and energy are interconvertible.**

**Ben provided the following link:**

***https://en.wikipedia.org/wiki/Mass%E2%80%93energy\_equivalence#Efficiency***

**Ben,** ***your own* link begins with this sentence**

**"Although mass cannot be converted to energy"**

**Ben, why does it seem like you didn't even bother to read your own link?**

**(Ah ... but you did, didn't you Ben?**

**More about that at the end of this email)**

***although you could say that "anti-matter" is not matter,***

**Ben, and why would I say that?**

**What definition of "matter" are you applying now?**

***which would be correct, but would be a quibble.***

***-- Ben***

**Ben, we need to talk.**

**It now seems obvious that since you received my email 3 months ago, you have been desperately searching for verification for your misunderstanding about how reality works.**

**When you finally replied, it wasn't to report that you had learned something new, which would have indicated an open, rational mind. Instead, like so many people, you proved yourself to be filled with the pride that comes from the desire to feel superior to others, and hence, you could not bring yourself to admit that your understanding had been completely wrong.**

**Advice: Check that gigantic ego of yours at the door and leave it there. Open your mind and develop the ability to say "I was wrong." Until you do, you will remain ignorant and arrogant ...**

**not a combination to be proud of.**

**Defeating your ego is one of the most difficult tasks someone like you could possibly undertake; but the rewards for success are ... immeasurable.**

**Good luck Ben ... you're going to need it**

**\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\***

**My Original Email**

**Ben Best wrote:**

**"Energy (E) is regarded to be interconvertible with matter (mass, m) by Einstein's famous equation E = mc 2 , where c is the speed of light."**

**I wrote:**

**From Dictionary.com , interconversion: "conversion of each of two things into the other; reciprocal conversion."**

**Ben, can you provide evidence that matter has ever converted into energy ... or vice versa?**

**Your answer will, of course, require that you first define what you meant by "matter."**